


December 2018

East School Breakfast

Milk is offered with every meal: 1% or fat free white
Daily offerings: Assorted fresh or canned fruits

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheerios Cereal Assorted Fruit Milk Choice	4 Blueberry Muffin And Cereal Assorted Fruit Milk Choice	5 Kix Cereal Assorted Fruit Milk Choice	6 Apple Muffin And Cereal Assorted Fruit Milk Choice	7 Rice Crispies Cereal Assorted Fruit Milk Choice
10 Cheerios Cereal Assorted Fruit Milk Choice	11 Blueberry Muffin And Cereal Assorted Fruit Milk Choice	12 Kix Cereal Assorted Fruit Milk Choice	13 Apple Muffin And Cereal Assorted Fruit Milk Choice	14 Rice Crispies Cereal Assorted Fruit Milk Choice
17 Cheerios Cereal Assorted Fruit Milk Choice	18 Blueberry Muffin And Cereal Assorted Fruit Milk Choice	19 Kix Cereal Assorted Fruit Milk Choice	20 Apple Muffin And Cereal Assorted Fruit Milk Choice	21 Rice Crispies Cereal Assorted Fruit Milk Choice
24 Winter Recess	25 Winter Recess	26 Winter Recess	27 Winter Recess	28 Winter Recess
31 Winter Recess		A healthy breakfast is available daily. If your child qualifies for free or reduced lunch, they also qualify for free or reduced breakfast		

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Menu subject to change